⚠ WARNING:

DO NOT EXCEED 30 MINUTES IN SAUNA.

EXCESSIVE EXPOSURE CAN BE HARMFUL TO HEALTH.

ANY PERSON WITH POOR HEALTH SHOULD CONSULT A PHYSICIAN BEFORE USING SAUNA.

Wording: International Mechanical Code, Section 914.5.1. The code asks for a permanent notice of approved material, mechanically attached to the outside of the sauna room, in contrasting letters at least 1/4 inch high. These are over 5/8 inch, the ADA height minimum for a sign hung 40 to 70 inches up and read from within six feet. A paper print doesn't meet the code: take this file to a sign shop, and confirm the wording your city has adopted. SaunaNews.com